

Epiphany is defined as a sudden, intuitive perception of or insight into the reality or essential meaning of something, usually initiated by some simple, homely, or commonplace occurrence or experience.

At Epiphany Relationship and Family Counseling we assist individuals and families to gain insight into their reality and provide them with the necessary tools to cope with their day to day. Our Services are Client- Centered and Strength- Based. We believe in working with the individual at his/her current stage in life and working with the family as a unit. Our experience team utilize various treatment modalities in order to accomplish the therapeutic goals. We have **MALE** and **FEMALE** therapists available.

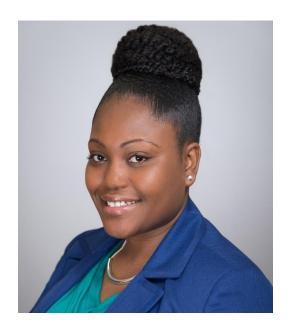
Contact Us Today:

Phone: 908 531 6905 Fax: 908 279 8506

Location: Plainfield, NJ

SERVICES:

- In Home/In Community IIC (CSOC)
- Private InHome/InCommunity
 Therapy
 (Cash Clients Only)
- Groups
 Anger management
 Social Skills
 Life Skills
 Parenting Skills
- o Tutoring (K-12)
- Counseling
 Supervision for
 License Associate
 Counselors by an
 Approved Clinical
 Supervisor (A.C.S.)
- Motivational Speaking Presentation
- Mental HealthTrainings



Kadian Peynado is the founder of Epiphany Relationship and Family Counseling, She is a Licensed Professional Counselor and an Approved Clinical Supervisor, ACS. She earned her Bachelors of Science in Psychology and Psychiatric Rehabilitation at Kean University. She earned her Masters of Arts degree in Community and Agency Counseling at Kean University. Kadian has over 12 years' experience working with adults and adolescents in various settings, including crisis intervention services, in-home therapy, intensive outpatient and traditional outpatient. Kadian has experience with strengthen families, youth development, anger management, trauma, parenting skills, adoption, LGBT, gambling and building strong relationships.

She is well-versed in facilitating individual, couples, family, and group therapy. Kadian incorporates various treatment styles including, but not limited to, cognitive behavioral therapy (CBT) including dialectical behavioral therapy (DBT), family systems and psychodynamic. Her approach to therapy is strength based, client-centered and goal-oriented. Kadian has a strong passion for the community she services and often provides psychoeducation and service linkage to suit her client's needs.

NJ State Board of Marriage and Family Therapy Examiners Practicing Licensed Professional Counselor License #37PC00440300