



Epiphany is defined as a sudden, intuitive perception of or insight into the reality or essential meaning of something, usually initiated by some simple, homely, or commonplace occurrence or experience.

At Epiphany Relationship and Family Counseling we assist individuals and families to gain insight into their reality and provide them with the necessary tools to cope with their day to day. Our Services are Client- Centered and Strength- Based. We believe in working with the individual at his/her current stage in life and working with the family as a unit. Our experience team utilize various treatment modalities in order to accomplish the therapeutic goals. We have **MALE** and **FEMALE** therapists available.

Contact Us Today:

Phone: 908 531 6905

Fax: 908 279 8506

Location: Plainfield, NJ

SERVICES:

- In Home/In Community IIC (CSOC)
- Private In-Home/In-Community Therapy (Cash Clients Only)
- Groups
 - Anger management
 - Social Skills
 - Life Skills
 - Parenting Skills
- Tutoring (K-12)
- Counseling
 - Supervision for License Associate Counselors by an Approved Clinical Supervisor (A.C.S.)
- Motivational Speaking
 - Presentation
- Mental Health Trainings



Kadian Peynado is the founder of Epiphany Relationship and Family Counseling, She is a Licensed Professional Counselor and an Approved Clinical Supervisor, ACS. She earned her Bachelors of Science in Psychology and Psychiatric Rehabilitation at Kean University. She earned her Masters of Arts degree in Community and Agency Counseling at Kean University. Kadian has over 12 years' experience working with adults and adolescents in various settings, including crisis intervention services, in-home therapy, intensive outpatient and traditional outpatient. Kadian has experience with strengthen families, youth development, anger management, trauma, parenting skills, adoption, LGBT, gambling and building strong relationships.

She is well-versed in facilitating individual, couples, family, and group therapy. Kadian incorporates various treatment styles including, but not limited to, cognitive behavioral therapy (CBT) including dialectical behavioral therapy (DBT), family systems and psychodynamic. Her approach to therapy is strength based, client-centered and goal-oriented. Kadian has a strong passion for the community she services and often provides psychoeducation and service linkage to suit her client's needs.

NJ State Board of Marriage and Family Therapy Examiners
Practicing Licensed Professional Counselor
License #37PC00440300