

**YOUTH** | Division of  
Youth Services

A Division of the Department of Human Services  
@UCNJYOUTH | #UCNJYOUTH

# S.H. OUT-U.C.

## STUDENTS HELPING OUT UNION COUNTY

A program designed to improve youth's quality of life through engagement and acts of community service. Open enrollment for youth ages 12-24 years old.

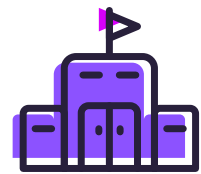


### County-Wide

Community service offered throughout Union County for convenience.



### Scan to Register



### Successful Outcome!

Youth earn community service hours to fulfill national honor society, confirmation, clubs, and high school graduation requirements.

Youth who volunteer just one hour or more a week are 50% less likely to abuse alcohol, cigarettes, become pregnant, or engage in destructive behavior. Teens say the benefits received from volunteering are: learning to respect others, being helpful and kind, understanding people who are different, developing leadership skills, and becoming more patient.

SOURCE: UNIVERSITY OF NEVADA RENO COOPERATIVE EXTENSION FACT SHEET- 03-23 YOUNG VOLUNTEERS: THE BENEFITS OF COMMUNITY SERVICE

# ENROLL TODAY!

Apply at: [ucnj.org/youth](http://ucnj.org/youth) | Call us at: (908) 558-2520

A Service of the Union County  
Board of County Commissioners



**UNION COUNTY**  
*We're Connected to You!*

[www.ucnj.org](http://www.ucnj.org)

