

WE ARE PLEASED TO ANNOUNCE THE OPENING OF OUR  
HACKENSACK OFFICE:



*LPCNJ, LLC Mindful Counseling Services is a community based Agency providing quality mental/behavioral health counseling services. We seek to provide support and guidance to individuals of all ages and their families while on their journey towards optimal mental/behavioral health. We value the individual and his/her life experience while seeking individualized, strength based, family based, solution focused interventions to help generate a truly transformative experience during our time together.*

*At LPCNJ we provide individual and family psychotherapy for adults of all ages, adolescents and children. Confidential, professional services are delivered by a licensed clinical professional. We provide support for life's challenges such as behavioral issues with a child or adolescent, family conflict, school or work issues, depression, anxiety, trauma, cultural issues, and we enjoy incorporating Mindfulness practices.*



FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT PLEASE CALL:

***Luz C. Torres @ 201-481-8733***

***HABLAMOS ESPAÑOL***

**OFFICE HOURS BY APPOINTMENT ONLY**

Currently we accept: Self-pay

***426 Hudson Street, 2<sup>nd</sup> Floor, Hackensack, NJ 07601***

***[www.njcounselor.com](http://www.njcounselor.com)***