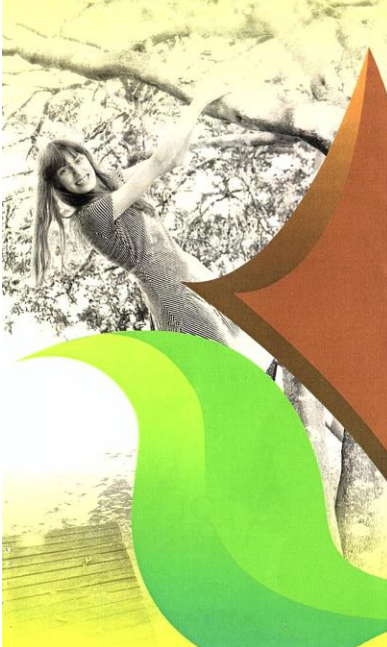




# SOL VIDA COUNSELING

SUPPORT FOR TODAY'S WORLD

**OUR MISSION IS TO PROMOTE  
POSITIVE MENTAL HEALTH,  
IN OUR CHILDREN, FAMILIES  
AND COMMUNITIES  
THROUGH A HUMANISTIC  
CONNECTION.**



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## A BIT ABOUT US

We are a group of Latin and American psychotherapists who are passionate about the work we do, being here for our children, adolescents and adults.

We understand the value of our community and are here to contribute as a resource for a positive and strong mental health.

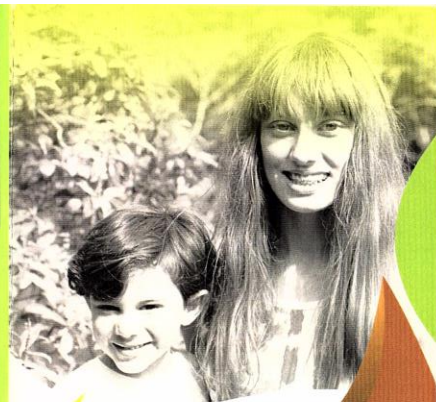
We love to connect with people, walk with them in their time of need and strengthen them so they can proceed on their own.

We continue to work in us through education, individual therapy and group supervision.

We want to be here...



DESIGN SOLUTIONS 862-446-9307

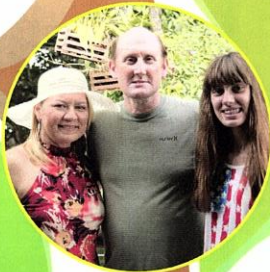


**SOL VIDA  
COUNSELING**  
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## WHO WE ARE

Sol Vida Counseling (SVC) was established in October of 2014 as a private organization to primarily serve the Latin community with mental health services, today we are prepared to serve anyone who needs us.



We are proud to be a team of psychotherapists who speak Portuguese, English and Spanish. We are trained, licensed and insured in NJ.

We believe that anyone needing help should have timely and convenient access to professional and efficient support.

We use a humanistic, strength-based, family-centered approach so that individuals, children and families can feel seen, heard and supported in their journey.



## OUR SERVICES ARE IN ENGLISH, PORTUGUESE, AND SPANISH

- Bio Psycho Social (BPS) evaluation;
- Intensive In the Community (IIC) counseling;
- Behavioral Assistant (BA) services;
- Youth Group (dealing with relationship with parents & classmates, sex education, responsibilities, etc.);
- Psychological evaluation for immigration process;



Soon we will be ready to take outpatient referrals.