Sometimes our weaknesses hold hidden strengths, and those strengths can bring us together and take us to new heights!

Come discover yours at the Park Ave CWC and become a part of our community!

PARK AVENUE COMMUNITY WELLNESS CENTER 333 PARK AVENUE PLAINFIELD, NJ 07060

Manager - Andre Lawson Resource Specialist - Adam Chrone Wellness Mentor - Keith Smith

(908) 757-1350



OUR COMMUNITY IS ON THE RISE!

PARK
AVENUE
COMMUNITY
WELLNESS
CENTER



The Park Ave CWC is:

The Park Ave CWC of **Collaborative Support Programs of New Jersey is** a wellness center in Plainfield, NJ that is committed to aiding those that are in recovery from concerns with mental health, substance abuse, homelessness, and reintegration within Union County. This year promises to be a year in which we are able to do even more to provide and network members with the resources they need!

The Park Ave CWC can: The Park Ave CWC has:

-SERVE DINNER AT 5:00PM! -RUN GROUPS ON MENTAL **HEALTH AT 2:00PM! (LIVE** AND OVER ZOOM IN **ENGLISH AND SPANISH)** -HOLD MEETINGS FOR SUBSTANCE ABUSE AT 4:30PM! (LIVE AND OVER **ZOOM IN ENGLISH AND** SPANISH) -HELP FIND EMPLOYMENT **OPPORTUNITIES!** -ASSIST WITH HOUSING **CONCERNS!** -ASSIST WITH OBTAINING YOUR IDENTIFICATIONS! -PROVIDE ACCESS TO **COMPUTERS AND WIFI!** -NETWORK YOU TO **RESOURCES!**

Pool Table! Foosball Table! **BINGO! Arts & Crafts! Movies!**

For members: Free Coffee! Free Snacks! Free Wifi! Free Laundry! **Exercise Room!** Transportation provided!