



# TEEN **T.H.R.I.V.E.** RECOVERY

## Early Intervention Program (EIP: 6-8 weeks)

Group Time • Wednesdays 4:00pm-5:30pm

## Intensive Outpatient Program (IOP: 4-6 months)

Monday through Thursday  
4:00pm-7:00pm

## Aftercare (1 month)

Tuesdays 4:00pm-5:30pm

## Spanish Language Group

Rolling admissions based off community needs.

## Individual Sessions Provided Weekly

## Family Sessions Provided Monthly

*"It's not what you are  
that holds you back,  
It's what you think you  
are not."*

- Attributed to Hanoch McCarty -

# Evergreen

ADOLESCENT OUTPATIENT PROGRAMS

# TEEN **T.H.R.I.V.E.** RECOVERY

The **T.H.R.I.V.E.** RECOVERY Program is designed for Teens 13 to 17 with substance use disorder and co-occurring mental health diagnoses.

## Referrals can be made from the following

- Schools/Counselors
- Probation
- Care Management Organizations (CMO)
- Parents/Legal Guardians
- Department of Child Protection & Permanency (DCPP)

## We Accept

- Medicaid/NJ Family Care
- Most Private/Commercial Insurance
- Self-Pay
- Inquire About Applying for Patient Financial Assistance



A Clinical Affiliate of **RUTGERS**

230 E. Ridgewood Ave. Paramus, NJ 07652  
201.967.4000 • [NewBridgeHealth.pub/teen-thrive](http://NewBridgeHealth.pub/teen-thrive)

Teen THRIVE Program Trifold\_20241121

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ADOLESCENT OUTPATIENT PROGRAMS

# TEEN **T.H.R.I.V.E.** RECOVERY



**T**hink  
**H**ealthy  
**R**espect  
**I**nspire  
**V**alues  
**E**mpowerment

## Outpatient Programs for Teens 13-17

With a Focus on Recovering from  
Substance Use/Co-Occurring Disorders

**For Screening and Appointments,  
Call The Access Center 800.730.2762**



**Bergen New Bridge Medical Center**  
[NewBridgeHealth.pub/teen-thrive](http://NewBridgeHealth.pub/teen-thrive)

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ADOLESCENT OUTPATIENT PROGRAMS

## TEEN T.H.R.I.V.E. RECOVERY

### Mission Statement

Addiction involves the whole family which is why families are incorporated into the treatment plan and asked to collaborate on ways to help deter future substance use or dependency issues. The program builds the self-esteem and self-respect of all involved by teaching participants drug-free coping skills to be used in everyday life.

### Goals

- Provide Substance Use Disorder/Mental Health Counseling
- Provide Substance Use Education
- Reinforce Positive Self-Esteem
- Foster Respect
- Facilitate Academic Progress
- Mitigate Truancy
- Nurture Healthy Communication Within Family Unit
- Develop Interpersonal Skills
- Identify and Implement Healthy Coping Skills



### What We Provide

- Screening
- Assessment
- Urinalysis Testing
- Transportation
- Group, Individual & Family Sessions
- Scheduled Family Nights
- Access to Psychiatric Evaluations, Medication Management and Continued Monitoring
- Gender Groups
- Groups on Transitioning to Adulthood
- Recreational Therapy
- Community and Professional Presentations
- Volunteer/Community Service Opportunities
- Aftercare

### Topics Will Include

- Anger Management
- Family Influence
- Effective Communication
- Navigating Peer Pressure
- Substance Use/Addiction Education
- Impact of Trauma
- Healthy Coping Skills
- Setting Appropriate Boundaries
- How to Set and Accomplish Goals
- Self-Esteem Building

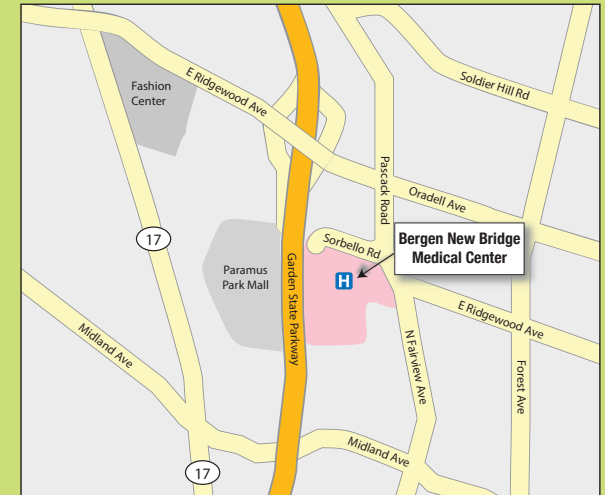


[newbridgehealth.org/teen-thrive](http://newbridgehealth.org/teen-thrive)



### Meeting Locations

Bergen New Bridge Medical Center  
230 East Ridgewood Avenue  
Paramus, N.J. 07652



### Contact Us

For screening, intake scheduling, and program inquiries please call **201.967.4000, ext. 25975**

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