

How YDC Helps

MORE THAN 40 YEARS OF SERVICE in NEWARK, NJ providing an extensive range of psychological prevention and treatment for families and children.

OUR CORE SERVICE is one-on-one mental health counseling for high-risk children. We work with children that have been traumatized, neglected, exposed to violence and loss, and who live in severely stressed families.

About Us

THE YOUTH DEVELOPMENT CLINIC was founded in 1958 as a private non-profit 501(c)(3) and has since operated in the great city of Newark, NJ.

WE PROVIDE SERVICES to children in schools and community-based settings, as well as in our outpatient clinic in downtown Newark. We provide mental health treatment and assessment for significant behavioral and emotional needs, working to stabilize children's behaviors and foster learning.

WE ALSO PROVIDE SERVICES TO SCHOOLS to support and manage student behaviors and effectively maximize their educational attainment with minimal disruptions to the classroom. We work with schools to ensure the social, emotional and academic growth of learning-disabled students.

Contact YDC

For referrals or to schedule an appointment please call our office

P: (973) 623-5080

F: (973) 623-3203

Strengthening Youth and Families



smile.amazon.com/ch/22-1692677

The Youth Development Clinic is a private, non-profit 501 © (3) behavioral health clinic. Money for its operation comes from a variety of public and private partnerships, including private foundations, federal grants, and fees from schools and agencies where YDC works.

THERAPY & COUNSELING SERVICES



Youth Development Clinic

500 Broad Street 3rd Floor, Suite 1
Newark, NJ 07102

P. 973-623-5080 F. 973-623-3203

www.ydcnj.org

We accept Medicaid

Mental Health Services for children (ages 3-17) and families in Newark,

Our Services

We are dedicated to providing Behavioral Health Services for Medicaid-eligible children (ages 3-17) and families in Newark, Essex County, and surrounding communities.

DCPP Referrals Can Now be Made Online

<https://ydcnj.org/dcpp-services>

YDC is Contracted with DCPP to provide the following services:
Individual, Couples, Play Therapy, Family Therapy, and Supervised Therapeutic Visitation
Court-mandated Evaluations for:

*Parenting Capacity
Child abuse and neglect
Intellectual Assessments
Sexual offender/victim
Neuropsychological Assessment*

Cognitive-Behavioral Therapy For:
Children/Adolescents
Trauma-Focused CBT
Social Skills Training



Our mental health and prevention services utilize clinically-tested and proven methods for children, families, and parents with the overall goal of improving healthy decision making, communication and development of appropriate strategies to improve functioning.



Youth Development Clinic

We offer Dialectical Behavior Therapy (DBT) with DBT-trained clinicians. This is a highly effective therapy for adults and adolescents/ with emotional regulation disorders and histories of trauma, substance abuse, domestic violence, anger management problems



We Address:

Depression

Anxiety/Excessive Worries

Fear, Loss and Grief

ADHD/Attention Problems

Trauma/PTSD

Autism Spectrum Disorders

Anger/Aggressive Behaviors

Social Skills Problems

Foster care/Adoption-related cases

School Adjustment

Family/ parent-child conflict

...and more.