



The **patient-first philosophy** that our fully licensed staff at Serenity has adopted contributes to a significantly higher level of success. We are conveniently located in Union, New Jersey, and our approach allows us to treat patients at any stage of their **recovery journey**. We continuously strive to deliver the tools that will enable our patients to achieve long-term sobriety. A trademark of our facility is to provide customized and tailored care by our team of addiction treatment professionals. Our outpatient program allows people the freedom to resume their daily lives while they take the time to heal from their addiction.

CLINICAL CARE

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- EMDR Therapy
- Gender-Specific Group Therapy
- Co-Ed Group Therapy
- Family Programming
- 12-Step Education
- SMART Recovery®
- Psychological Evaluation
- Individual Therapy
- Emotion Regulation Techniques
- Relapse Prevention Education
- Client Care Coordination
- Process Groups
- Dual Diagnosis
- Motivational Interviewing

"Amazing treatment - care and concern - beyond expectations - great staff!!!"
- Mickey M., a Serenity Union graduate

855.743.0138
www.serenityatsummit.com
www.delphihealthgroup.com



* All Delphi facilities have achieved the Gold Seal of Approval® from The Joint Commission.