

## OUR CARING STAFF

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Our staff is comprised of individuals with multicultural backgrounds who speak multiple languages. We have highly trained therapists who work to address the complex issues facing a family and ultimately helping them to become less dependent on outside support systems and more reliant on each other. We believe that the family is the most powerful social institution and should be supported and maintained whenever possible.

Therapists within our Intensive In-Community Services possess Master's degrees and are licensed to provide therapy. All are specially trained to provide therapy and support services that focus on the child's needs, involve the entire family, and are culturally competent. Therapy is planned around the child's psychosocial, development, and treatment care needs.

The primary focus is to restore functioning of the child/youth, reducing the need for in-patient hospitalization, movement from the residence, and preventing the need for out-of-home living arrangements. The services provided will also facilitate a child/youth's transition from an intensive treatment setting back to his/her community.

The Behavioral Assistant (BA) is required to have a minimum of a Bachelor's degree in the human services field, receive BA certification as required by the State of New Jersey, and receive regular scheduled supervision from a licensed clinician. Behavioral assistance service works on decreasing risk behaviors.



## OUR MISSION

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The Eden Group is dedicated to the development of children, strengthening families and sustaining communities by providing quality evidence-based mental health and human services.

### EDEN GROUP

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## Intensive In-Community Services

*Working Together to Develop  
Healthier Children & Strong  
Families, Within the Community*

[www.edengroupnj.com](http://www.edengroupnj.com)

*Helping Families In Need*

## INTENSIVE IN-COMMUNITY SERVICES

The Eden Group is an approved Medicaid provider that offers Intensive In-Community Services to children and youth between the ages of 5 - 17 who are at risk of hospitalization, out-of-home placement or who have recently been returned from out-of-home placement due to severe emotional and/or behavioral challenges or family crisis. Special consideration will be given to children under 5 years old. Therapy involves the entire family, which includes crisis intervention and teaching parenting skills in order to strengthen families in need.

A family obtaining help through our services is expected to receive 3 to 5 hours of treatment per week. The structure of the program often includes individual sessions between a therapist and child, therapist and caregivers, and sessions that include the entire family.



Intensive In-Community Services seeks to develop, support, and empower the family. Our therapists teach problem solving skills, parents to become self-advocates and coordinates community support that is available to the family. In most cases, therapy through this program occurs in the family's home. We focus on intensive, short-term therapy to assist with crisis intervention, however in some cases the treatment maybe longer.

Children receiving treatment through Intensive In-Community Services generally meet one or more of the following:

- Treatment in a less restrictive service was attempted, but not effective
- Youth and/or family have insufficient resources or skills necessary to cope with an immediate crisis
- Youth and/or family issues are unmanageable in school based or behavioral program settings
- Youth is at risk of (or currently in) an out-of-home placement and reunification is imminent.

Often children and youth who receive help through Intensive In-Community Services have experienced the following:

- Physical aggression • Anger management problems • Misbehavior at home or in school • Peer problems • Family Conflict/ Divorce • Sexual and/or physical abuse • School/academic problems • Depression • Bipolar Disorder • Anxiety • Eating Disorders • History of trauma experiences • Grief/ Loss • Low self-esteem

## BEHAVIORAL ASSISTANCE SERVICES

The Behavioral Assistant provides services in the child's home or community. The focus is on behavioral modification, coping skill enhancement, and modeling. Our Behavioral Assistant providers are supervised by a clinical licensed supervisor.

## NEEDS ASSESSMENT SERVICES

Need assessment evaluations are completed by a clinical and state certified clinician. This service involves meeting with the child and family in the home or in a community facility for purposes of assessments using a specific assessment tool to evaluate the child and family strengths, needs, and goals. Recommendations for length and type of treatment are included, in addition to treatment goals.

## COST

Most services are provided at no cost to eligible individuals. Although some recreation programs may have a minimal fee.

