

# About Us

Rise Therapeutic Solutions is a collaborative agency of Licensed Social Workers, Mental Health Counselors, and Psychologists dedicated to assisting clients with achieving a life that feels satisfying and rewarding. We specialize in enhancing social emotional intelligence and value the development of social supports and community resources.

Therapy is not a one-size-fits-all process. Different approaches are more appropriate and effective for different people, depending on their age, type of ailment, and a variant of other factors. Rise recognizes this!



# Mission

Rise Therapeutic Solutions seeks to enhance our clients' social and emotional intelligence so that they may heal, grow and RISE with the confidence to thrive in their day-to-day living and overall health.

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## Reach out to Us!

If you or a loved one is in need of assistance, call us at (973) 780-0960 to schedule an appointment.



**NJRise.com**



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# Our Approach

At Rise, we are motivated by a mutual belief that the day-to-day living and overall health of individuals and families can be improved through the enhancement of social emotional intelligence. With this in mind, we use collaborative efforts between the clinician, family, schools and social supports, and outside service providers to (1) meet individuals and families wherever they are; and (2) aid them in developing a stronger sense of understanding and the skills they need to overcome challenges and take on life with confidence.

We serve children, adolescents, adults and families of all ages within the home, school and community.

Our NJ State Licensed and Board Certified staff provides a wide range of services for individuals and families.



## *Rise Outpatient Program Provides:*

- Individual Therapy
- Couple Therapy
- Family Therapy
- Psychiatric Evaluations
- Support and Therapeutic Groups
- Career Counseling
- Drop-in Counseling

## Services

### *Rise Intensive In-Community Program Provides:*

- Individual and Family Therapy
- Biopsychosocial Assessments (BPS)
- Substance Abuse Evaluations
- Fire Setting Evaluations
- Case Management Coordination & Recommendations
- Certified Behavioral Assistants
- Youth Mentors
- Parent Mentors

### *Rise Family and Community Support Program Provides:*

- Academic Tutoring
- Educational Workshops
- Seminars
- Referrals to Community-based Resources

